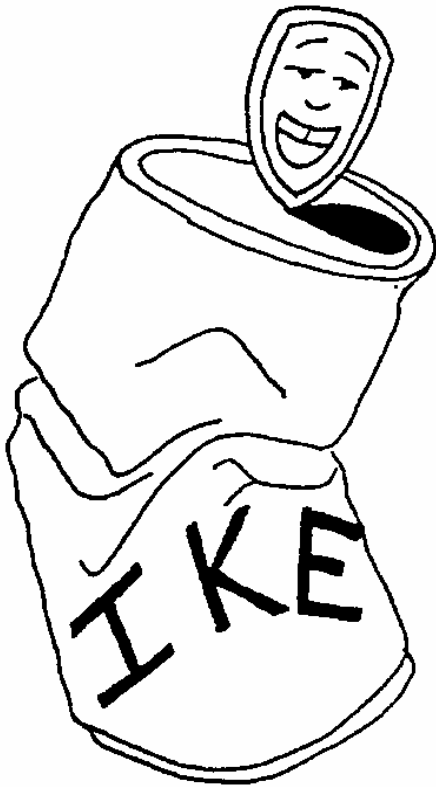


Illinois Kids for the Earth

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Hi!

Did you know that Americans make enough garbage to fill up Busch Stadium in St. Louis twice A DAY for a year! That's a lot of stuff for us to just throw away.

Now take me for example. I am an aluminum can. Aluminum cans can be recycled after we've been used. I can be turned into something new when I am recycled, but you have to help make sure that I do get recycled.

You can do a lot of things to save the earth. You can feed the birds now and especially this winter when it's hard for them to find food.



I'll be watching for you on each of these pages. Do you think you can find me?

Sincerely,
IKE

Words to remember . . .

Recycle: making something new out of something old.

Migrate: the movement of animals from one region to another.

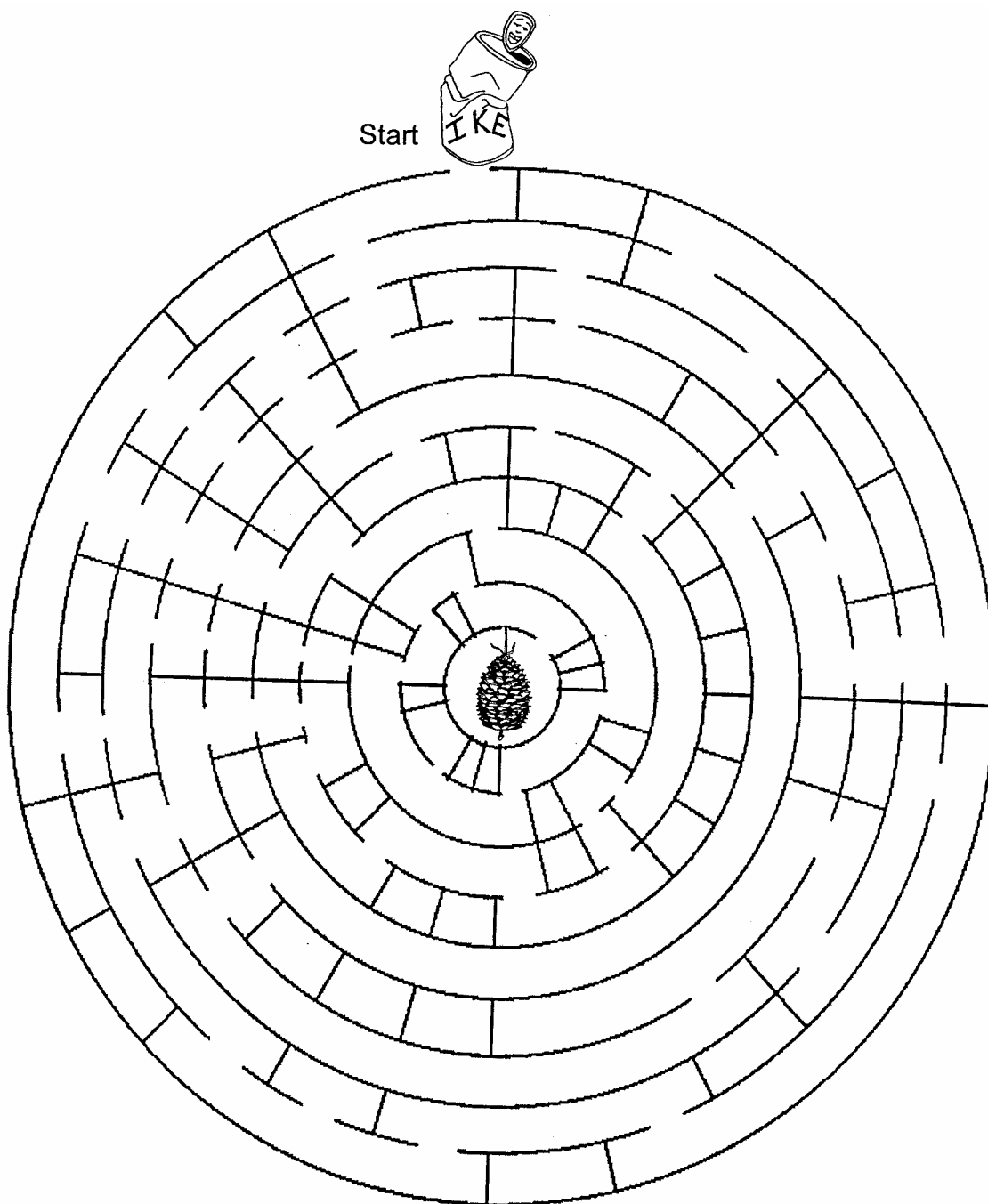
Habitat: an area where a particular plant or animal lives.

Help the Earth...Feed the birds



IKE wants to feed the birds. His mom taught him to make a bird feeder out of things that are around the house. He wants to make one just like the one on the next page. He has peanut butter and birdseed, but he needs to find a pinecone.

Can you help IKE find the pinecone so that he can make a bird feeder?



Invite Your Feathered Friends to Lunch!

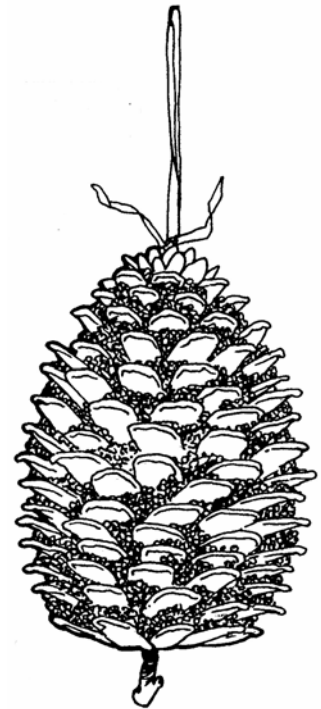


The best way to get close to birds is to feed them. Birds require a lot of food in the winter. Finding food in the winter can be hard. Some birds **migrate**, or travel to warmer climates to find food. Other birds change their diet and eat seeds (instead of insects) in the winter.

You can help birds by feeding them. Make a feeding station outside a window so you can enjoy the birds. By providing food during the winter you are helping with the birds **habitat**. Just like you count on your parents or other grown-ups to provide food for you, birds look to us to help them get through winter.

Here is an easy bird feeder you can make with your friends or family. Materials needed:

- ❑ One pine cone 4 or 5 inches long,
- ❑ Peanut butter (either smooth or crunchy),
- ❑ Bird seed,
- ❑ String,
- ❑ Table knife for spreading the peanut butter,
- ❑ Flat tray or newspapers to hold the birdseed.



Follow these steps.

1. With help from a friend or parent, attach the string to the small end of the pinecone. Be sure to leave enough string so the pinecone will hang 8 to 10 inches when you hang it up.
2. Spread the peanut butter all around and between the scales of the pinecone.
3. Roll the peanut buttered pinecone in the birdseed.
4. Hang it outside in a tree or on a fence. Watch your feathered friends enjoy the feast!

Source: Step Into Nature, 4-H Natural Resources, Level 1, Project Guide



Share What You Learn



Keep a record of the birds that come to your feeder. How many different types of birds have you seen at your feeder?



What can you do to make birds want to come to your feeding station?

Word Search

A lot of things can be recycled. Can you find these words? They are all things that can be recycled.

ALUMINUM
REUSE

PAPER
GLASS

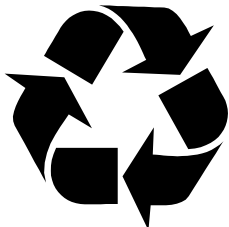
RECYCLE
REDUCE

EARTH
TRASH

PLASTIC
FOOD

G	R	E	C	Y	C	L	E
L	P	A	P	E	R	A	J
A	L	U	M	I	N	U	M
S	A	R	E	D	U	C	E
S	S	E	B	F	O	O	D
E	T	U	T	R	A	S	H
C	I	S	H	N	O	P	M
F	C	E	A	R	T	H	G

"It is very important to always look for the three arrows chasing each other on things we buy. This label means that the items can be recycled."



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